

ega

Green Grapes, Pomegranate & Rooibos

How do you AGE in reverse? With EGA of course!

EGA is a grape fruit juice blend of green grape juice, pomegranate concentrate and aronia concentrate with the extracts of rooibos tea for flavour. It is a Non-Alcoholic Beverage.

Serve extra-chilled over crushed ice.

INGREDIENTS

Grape juice concentrate, Water, Pomegranate concentrate, Aronia concentrate, Rooibos aroma and Carbon dioxide.

ALLERGENS

Sulphur Dioxide (SO₂)

STORAGE INSTRUCTIONS

Keep refridgerated. Once opened consume within 3 days.

TYPICAL NUTRITIONAL INFORMATION

Average Values	per 100 ml	per 250 ml serving
Energy (kJ)	150	376
Protein (g)	0.1	0.3
Carbohydrate (g)	9	22
of which total Sugar (g)	8.7	21.8
Total Fat (g)	0.0	0.0
of which Saturated Fat (g)	0.0	0.0
Dietary Fibre* (g)	0.0	0.0
Total Sodium (mg)	7	17
Vitamin C (mg)	10.5	26.3

*CAN BE USED AS A MIXER
RICH IN ANTI-OXIDANTS*

750 ml





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Grapefruit Slush

Makes 1 large jug

Ingredients:

3/4 cup fresh squeezed grapefruit juice (about 2-3 large grapefruits)

1 cup carbonated water

1/2 cup of Non-Alcoholic EGA

squeeze of lime juice

crushed ice

Method:

Step 1: Mix together the grapefruit juice, and EGA. Pour evenly into two glasses and top off each glass with the carbonated water and a squeeze of lime juice.

Step 2: Add a large handful of ice to each glass and garnish with a lime wedge.

Serve immediately!

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Mocktail Rooibos Sangria

Makes 1 large jug

Ingredients:

3 tablespoons Orange blossom honey

1 Bottle non-alcoholic EGA

125ml Freshly squeezed lemon juice

1 lemon, thinly sliced

1 orange, skin on, thinly sliced

2 bunches fresh mint leaves

2 firm but ripe nectarines, sliced into wedges

Method:

Step 1: Add EGA, honey freshly squeezed lemon juice and both orange and lemon slices. Chill until cold.

Step 2: Add mint and nectarines.

Step 3: Fill tumblers with ice and top with Sangria and Enjoy!



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Pomegranate Mojito Mocktail

Serves 6

Ingredients:

*3 tbsp pomegranate seeds,
big bunch mint,
2 limes, quartered, plus slices to garnish
1 bottle Non-Alcoholic EGA
500ml lemonade*

Method:

Step 1: A day ahead, divide the pomegranate seeds between the holes in an ice cube tray, top up with water and freeze.

Step 2: Reserve half the mint for serving, and tear the rest into a large jug with the lime quarters. Using a rolling pin, bash the mint and lime to release the flavours. Add the EGA and lemonade. Put ice cubes in each glass, then strain over the pomegranate mix through a small sieve.

Garnish with lime & mint.





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Raspberry Popsicles

Serves 8

Ingredients:

*1 cup Non-Alcoholic EGA
1 cup frozen raspberries
1/3 cup Greek-style vanilla yoghurt
1 tsp fresh lemon juice
1 tsp lemon zest fresh*

Method:

Step 1: Combine all popsicle ingredients in a blender.

Step 2: Cover and blend on high speed for 15 to 20 seconds or until smooth.

Step 3: Pour into 8 frozen pop moulds.

Step 4: Insert icy pole sticks, then freeze for 2 hours or until completely firm.

Step 5: To serve, dip outsides of moulds into warm water to loosen.

